

HEALTH INSTALLATION REDCAR & CLEVELAND

Brief description

Safe in Tees Valley is a registered charity that works across public, private and voluntary sectors to plan, deliver and coordinate the development of crime prevention and community safety across the Tees Valley in North East England.

The Safe in Tees Valley Prevention Programme in Redcar & Cleveland works in partnership with young people, the wider community, and local services to identify, target, prevent and reduce anti-social behaviour and crime. It features an Intensive Intervention Programme (IIP) and the Youth Inclusion Programme (YIP) Mobile Partnership.

Funding

Redcar & Cleveland Safer Communities Partnership, Redcar & Cleveland Children & Young People's Trust (CYP Trust), and South Tees Youth Offending Service allocate funding to the prevention programme from a number of funding sources. Grant, pilot and key partner funding extends preventative intervention. Young people have secured approximately £50,000 to date through the Youth Opportunities and Youth Capital Funds contributing to anti-social behaviour and crime prevention. Safe in Tees Valley Prevention Programme in Redcar and Cleveland has secured £500,000 to date within the current financial year.

Staffing

Safe in Tees Valley works within the CYP Trust West, Central and Eastern localities of Redcar & Cleveland. The team is led by a development manager and each area employs, an operational manager, two IIP key workers, one mobile worker and three mobile sessional staff. In addition the team includes two mobile drivers and 18 young volunteers.



Nature of provision

Which groups of young people does the project work with?

The IIP works with children and young people aged 8 to 19 who have been identified within the CYP Trust's Child Wellbeing Framework and Cleveland Police's Anti-Social Behaviour Campaign and present a combination of heightened risk factors associated with crime and anti-social behaviour. Key workers work alongside children and young people, their families and peer group at an individual, family and community level delivering assessment based activity and intervention.

The YIP Mobile Partnership provides targeted and universal diversionary positive activity and intelligence led intervention within priority areas. The partnership delivers at a street/community level working with children and young people seven days a week / eight to twelve hours daily.

How are young people involved in shaping the project/programme?

Safe in Tees Valley works with young people, the wider community and local children and young people's services to ensure and enable young people's participation in preventing anti-social behaviour and crime. It facilitates awards, and young people designed programmes and resources such as the new Tool-Kit resource. A number of forums have been established to ensure young people have a role and voice in identifying local need and priorities, to direct

local service and peer delivery in response.

How does the project respond to the needs of different young people, particularly the most marginalised and what are the main health approaches used?

Participation within the Department of Health funded Young People's Development Programme (YPDP) and The National Youth Agency's (NYA) Youth Work for Health (YW4H) pilots has informed and directed the Safe in Tees Valley Prevention Programme.

Early YPDP activity identified limited accessible health facilities for young people at a street or community level. As a result young people from across Redcar & Cleveland participated in formulating the concept of the 'Health Installation' based on the four health areas found in The NYA's 'Good Practice Guidelines for Healthy Youth Work':

- Healthy lifestyle
- Healthy relationships and sex
- Mental and emotional wellbeing and
- Substance use

Health Installation

The 'Health Installation' aim is to explore new ways to instil health at individual, community and service levels within informal settings, targeting young people at risk of poor health outcomes.

Health Installation areas based in mobile units

These are purpose built areas designed by young people within a single-decker bus, a double-decker bus, a mini-bus and two trailers. They include:

- Mobile 'satellite' service enabling supported access to local and national on-line information and resources such as the Redcar & Cleveland 'Families Guide'.
- A sexual health and drugs clinic that provides a teenage pregnancy service facilitated by a nurse/



Health Installation Mobile Unit

practitioner.

- A wide range of health resources and services provided by trained project staff including C-Card condom scheme, Chlamydia and pregnancy testing.
- A healthy eating and non-alcoholic bar area and health awareness display.
- Trailers equipped to deliver a wide range of sports and physical activity.

The mobile Health Installation encourages and enables access to local services, information, support and guidance and enables a response to a range of issues through one to one and group work activity, assessment, intervention and referral.

Health Installation – Tool-Kit

An initial 'Health Installation Plan' based around the four health areas in the healthy youth work guidelines was designed by young people. It was piloted in the local area through the YIP Mobile Partnership, alternative

education provision and the Young Volunteers Programme. Following the pilot the Plan was updated and developed, again with young people's participation and the Health Installation 'Tool-Kit' resource was created.

The 'Tool-Kit' is based around: the healthy youth work guidelines; indicators; policy; strategy and partnerships; programmes and activities; workforce development; and resources. It includes plan cards designed to encourage both peer and service delivery around the four health areas. The cards include: introductory activities to motivate young people and introduce the resource; assessment tools to identify need and encourage personal challenge setting; and links to local signposting and referral processes such as Redcar & Cleveland's 'Families Guide' and 'Child Wellbeing Framework'.

Health Installation – Young Volunteers

This peer delivery model is delivered

within the young people designed Young Volunteers Programme and enables young volunteers to work towards accredited outcomes such as the BTEC Intermediate Award in Peer Education or BTEC Intermediate Certificate in Peer Mentoring.

Outcomes

How do young people benefit from their involvement in the project?

During 2007-08 the Health Installation pilot programme covered the four healthy youth work themes and recorded a number of outcomes which included:

Healthy Lifestyle

Guidelines key activity area: Physical fitness and participation in physical activity.

- 280 young people participated in the 'Play with a Football and not with Fire' initiative. As a result 47 attend weekly sessions, 40 said their fitness has improved and eight have

joined and play regularly for local teams.

Healthy Relationships and Sex

Guidelines key activity area: Sexually transmitted infections, contraception and access to advice and services.

- 87 young people were assessed and referred to services as a result of sexual health needs.

Mental and Emotional Well Being

Guidelines key activity area: Referral to other services and support for other staff.

- The Health Installation Plan development led to CAMHS training to universal / Tier One services and as a result raised awareness and skills in relation to mental and emotional health and wellbeing

Substance Use

Guidelines key activity area: Diversionary positive activities.

- 7,678 young people attended a number of YIP Mobile Partnership neighbourhood based diversionary positive activities during this period.

How do others benefit from the project?

Young people led the Health Installation resource design during the YW4H pilot and consulted with the wider community to consider local service priorities. As a result the resource design meets young people's needs while ensuring a contribution to the local community and local priorities.

Does the project contribute to local health priorities?

Outcomes achieved through the Health Installation project will directly contribute to the Every Child Matters 'Be Healthy' and 'Make a Positive Contribution' outcomes, as well as achieving against a number of Local Area Agreement National Indicators.

Additionally the Health Installation activity and intervention will also

contribute to a number of Public Service Delivery Agreements (PSAs) namely:

Increase the number of young people on the path to success (PSA 14) Make communities safer (PSA 23) and Reduce the harm caused by alcohol and drugs (PSA 25).

How are young people's progress and achievements captured/measured and recorded?

The Safe in Tees Valley Prevention Programme's Management Information System (MIS) is purpose designed and incorporates the Youth Justice Board 'Onset' and South Tees Youth Offending Service 'CareWorks' systems. The MIS works within local integrated service systems, processes and audits such as:

The Common Assessment Framework, Child Well Being framework and The Multi-agency Case Recording Audit.

Measuring effectiveness

How is the project's work assessed or evaluated?

Health Installation resource monitoring and evaluation is young people designed and built into the 'Tool-Kit'. Local and national guidelines and processes support assessment, for example The NYA Good Practice Guidelines for Healthy Youth Work.

The priority objectives, key tasks, milestones and links to local and national strategy within the project are directed, recorded and measured within Redcar & Cleveland's Sustainable Community Strategy and local area agreements.

YPDP and YW4H pilot participation also enabled rigorous evaluation at a local and national level.



What are the findings of any evaluations to date?

The Health Installation pilot period random sample evaluation found that 55 per cent of young people rated the service as excellent and 25 per cent very good.

The Health Installation's suitability in informal settings was highlighted during the YW4H pilot. Regular service users expressed a preference to accessing the C-Card condom scheme via the mobile service saying 'they felt at ease' talking to workers and discussing their sex / relationship concerns on the bus clinic. 197 young people across Redcar & Cleveland have accessed the C-Card condom scheme, 54 had Chlamydia tests and three had pregnancy tests within mobile clinic sessions during the pilot period. The resource is not intended for use in formal settings.

Partnership/ multidisciplinary working

What other agencies do you work with on a regular basis and, what is the distinctive contribution of your organisation/project?

Redcar & Cleveland Teenage Pregnancy Service has co-delivered as lead partner throughout the Health Installation pilot period and alongside Middlesbrough and Redcar & Cleveland Health Improvement Service, also led on policy and workforce development. Safe in Tees Valley working with young people focus on programmes, activities and resources to prepare for the launch of the new Tool-Kit in early 2009.

Other key partners and professionals supporting Health

Installation training, assessment and delivery include: DISC (Young People's Local Drug Service); Child and Adolescent Mental Health Services; Cleveland Fire Brigade; Cleveland Police; Local Authority Participation Coordinator; Anti-Social Behaviour Team, Sports Development and Youth Service.

Strategic impact

Do you consider this project to be innovative, in terms of healthy youth work?

Lorraine McConnell, Development Manager on the Programme, says 'The Health Installation is a resource designed by young people for young people. It is a new way to deliver health services informally and at a community level – and young people describe it as buzzin! 'Response from partners has been excellent, for instance the local authority' Teenage Pregnancy Service reported that they are able to engage 'hard to reach' young people during mobile Health Installation delivery that they may not reach ordinarily'.

How do you disseminate the learning from the project?

From April 2009 the Health Installation will be rolled out across all local young people's services in Redcar & Cleveland, and introduced into other districts in Tees Valley.

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